

INSPECTION REPORT

2020 IFBB ELITE PRO WORLD CHAMPIONSHIPS
ARNOLD CLASSIC EUROPE

ARNOLD



Saturday 12th December



WELCOME



The Organizing Committee of the International Bodybuilding & Fitness Federation (IFBB), Santa Susanna City Hall and the Tourist Foundation of Santa Susanna and Spanish Bodybuilding & Fitness Federation (FEFF), take this opportunity to welcome all IFBB-affiliated National Federations of the world to participate in the 10th anniversary of Arnold Classic Europe in Santa Susanna, Spain, from Thursday 10th to Monday 14th December 2020*.

* Proposed dates for holding the event have been selected presuming the maintenance of the positive evolution that the Covid-19 pandemic is experimenting. Nevertheless, since health and safety of all the attendants are our main concerns, its celebration on the indicated dates shall always depend on and be subject to the decisions and/or measures that the competent governmental and healthy authorities may adopt.

LOCATION

Santa Susanna is a popular touristic resort, located at the Mediterranean coast of Catalonia (Spain).

Santa Susanna, as an international tourist centre, has gained a renowned reputation in the field of promotion, management and implementation of international sports and cultural events. It has been the successful venue site of 6 consecutive World Women championships (2003-2008) and numerous other European and World Championships and is known as **THE CAPITAL OF FITNESS**.

Santa Susanna is located in the centre of the Maresme coast, on a quiet spot surrounded by a splendid garden, at the foot of Montnegre's hill. It is easily accessible through the N-II road, C32 motorway, and train. As well, it is close to Gerona and Barcelona airports - an easy reach from any arrival or departure point. It is located between the sea and the mountain and here we can find a new holiday place with the possibility to stay at comfortable hotels, apartments or campsites. Surrounded by the greenness of its mountains and the blue of its waters, Santa Susanna has become an important holiday centre.



COMPETITION VENUE

PARC COLOMER SPORTS CENTRE, SANTA SUSANNA.



ARRIVAL AIRPORT ✈️

“El Prat” Airport is located 65 km (39 miles) from Santa Susanna and 5 km (3 miles) from Barcelona.

The other airport near Santa Susanna is Girona Airport, which is a popular airport for budget airlines.



ACCOMMODATION

The IFBB official hotels are Don Angel Hotel and Caprici Beach Hotel. The Organization is partially covering Elite Pro athletes' accommodation.

The rate per person and per night in a single room is €100

and a double room is €75. This rate includes three meals per day (starting with lunch on Thursday 10th and finishing with breakfast on Monday 14th).

Registration will take place at Don Angel Hotel on Friday 11th.

If you need help with your reservation in the recommended hotels, please send an email to assistant@arnoldclassiceurope.es



TANNING BY ELITE SUN

Official sponsor

For further information check <https://arnoldclassiceurope.es/en/elite-tan-best-results/>
Contact to patriciabordovinagre@gmail.com



TIME ZONE

Santa Susanna is in the Central European time zone (UTC+2 hour in summer).

CLIMATOLOGY

During the Expo week, the weather may change on the same day as this season is often changeable. The average December's temperature is between 14°C - 3°C.

CURRENCY

The national currency in Spain is EURO. Exchange rates to other currencies may be found at:

<http://www.xe.com/currency/eur-euro>

All major credit cards are widely accepted at most major hotels, department stores and restaurants.

ELECTRICITY

In order to use your personal devices properly, please note that voltage in Spain is 230V, 50Hz, C plug type.

MUSIC

Posing music must be sent in MP3 format to **assistant@arnoldclassiceurope.es**, no later than the 1st of December 2020.

IMPORTANT NOTICE:

The use of profane, vulgar or offensive language is strictly prohibited in posing music.

PARTICIPATION

To compete at the IFBB Elite Pro World Championships 2020 at the ACE, it is necessary to have the **official invitation**, no direct registration is allowed. If you are interested, please send an email to: **assistant@arnoldclassiceurope.es** and **ifbbelitepro@ifbb.com** and we will consider your request. All athlete's requests must be sent to these email addresses.

MEDIA ACCREDITATION

All the media professionals who wish to have access to the event must be in possession of the official accreditation. To register, it is necessary to send the request to **media@arnoldclassiceurope.es** no later than the 23rd of November 2020.

All the requests must be approved by the IFBB Elite Pro, who reserves the right to accept or refuse the petition.

VISA FOR ELITE PRO ATHLETES

A valid passport is required to enter Spain. EU country citizens, Iceland, Liechtenstein, Norway and Switzerland do not need to obtain a Visa. Also, citizens of other 65 other countries don't need a Visa. Check at: https://en.wikipedia.org/wiki/Visa_policy_of_the_Schengen_Area

If you need a Visa, detailed information can be found at: <https://www.schengenvisainfo.com/spain-visa/>

It is the athlete's responsibility to obtain an entry Visa for the country organizing the Championship. All IFBB Elite Pro athletes will be able to ask for an invitation letter to the ACE Office (**assistant@arnoldclassiceurope.es**). The invitation letter does not mean you are granted your Visa. Neither IFBB Elite Pro nor ACE Office

are responsible for the attendant's visas. To receive an invitation letter, the applicant should forward the following information to the IFBB Elite Pro Head Office:

- A copy (scan) of passport.
- Staying place of the attendance (hotel, apartment, etc. address).

An athlete, who requested and received an invitation from the ACE Office, as an IFBB Elite Pro athlete sanctioned event for visa purposes and used this visa to unlawful stay in the host country or any other country will be subjected to the disciplinary proceedings and measures.

CHAMPIONSHIPS SCHEDULE

REGISTRATION

Friday 11th at Don Angel Hotel

IFBB ELITE PRO TECHNICAL MEETING

Saturday 12th at 3:30pm at Don Angel Hotel

CONTEST

Semi-finals and Finals: Saturday 12th December from 6pm at venue site, Parc Colomer Sports Centre

IFBB ELITE PRO TECHNICAL MEETING

The Technical Meeting will be held at Don Angel Hotel, on Saturday 12th at 3:30pm.

BACKSTAGE

Elite Pro athletes will be given an extra wristband for coach or companion that it may be picked up from Thursday morning, at the Registration or at the Technical Meeting on Saturday 12th.

This wristband allows access to the IFBB Elite Pro World Championships backstage and a seat at the IFBB Elite Pro World Championships. It must be worn all the time during the event.

IMPORTANT

TELEGRAM APP IMPORTANT!!!

Download the TELEGRAM app on your phone in order to receive the latest news, instant updates, schedule information, results and possibly changes during the championships.



Check the Running Order on Telegram
<https://t.me/eliteproace>



MORE INFO

If needed, you can contact us for any doubt or issue you may have:

ACE ASSISTANCE

assistant@arnoldclassiceurope.es

ELITE PRO OFFICE

ifbbelitepro@ifbb.com

OFFICIAL WEBSITES

Arnold Sports Festival Europe

www.arnoldsportsfestivaleurope.com/pro-show

IFBB Elite Pro

www.eliteproifbb.com



CATEGORIES

The open categories for this event are:

Bodybuilding

Classic Physique

Men's Physique

Bikini Fitness

Women's Bodyfitness

Wellness Fitness

Women's Fitness



 Arnold Classic Europe

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