



Arnold Classic Europe 2019,
Barcelona, Spain. Fira Gran Via
Barcelona
Av. Botànica, 64 - 08908 L'Hospitalet de Llobregat

IFBB ATHLETES INFORMATION

THURSDAY 19th SEPTEMBER

REGISTRATION WEIGHT IN CC7 ROOM 1 FROM 10:00am till 10.00pm

Registration and weight-in will take place at the Fira Barcelona, Center Conference 7.
Address: Street Aluminio corner Street Altos Hornos, no number, 08908 L'Hospitalet de Llobregat
(see picture below).

- At the entrance, there will be WAIVERS OF LIABILITY handed out, fill one in and sign it.
Take a number with your waiver of liability.
- It will be available a FAST PASS ACCESS to every athlete who has already paid it by PayPal.
- Go straight to the IFBB registration counter (area 2), where you will have to show the following documents:
 - 1) IFBB International Card (Blue Book). If you don't have one, you can purchase it at the registration counter for 35€ (annual fee).
 - 2) The PayPal receipt of your ACE Registration fee. The registration fee for athletes to participate in the competition is 200€ if the payment is before to September 9th at 23:59h, (Madrid: midnight-Central European Summer Time, UTC +2) in advance by credit/debit card or PayPal at the IFBB website: <http://www.ifbb.com/competitionregistration/>.

On September 9th, at 24:00 hrs the amount of online payment will be increased up to EUR €300.

If you pay directly at the Registration on 19th September, an extra fee of 100€ will be charged.

- Once you have completed the Waiver of Liability form, follow the signs to the weigh-in/measure for your category.
- Once your height and/or weight has been added to the Waiver of Liability by the IFBB Official, take it to the final area, Statistics, where your name will be added to the athlete's list in the right category.

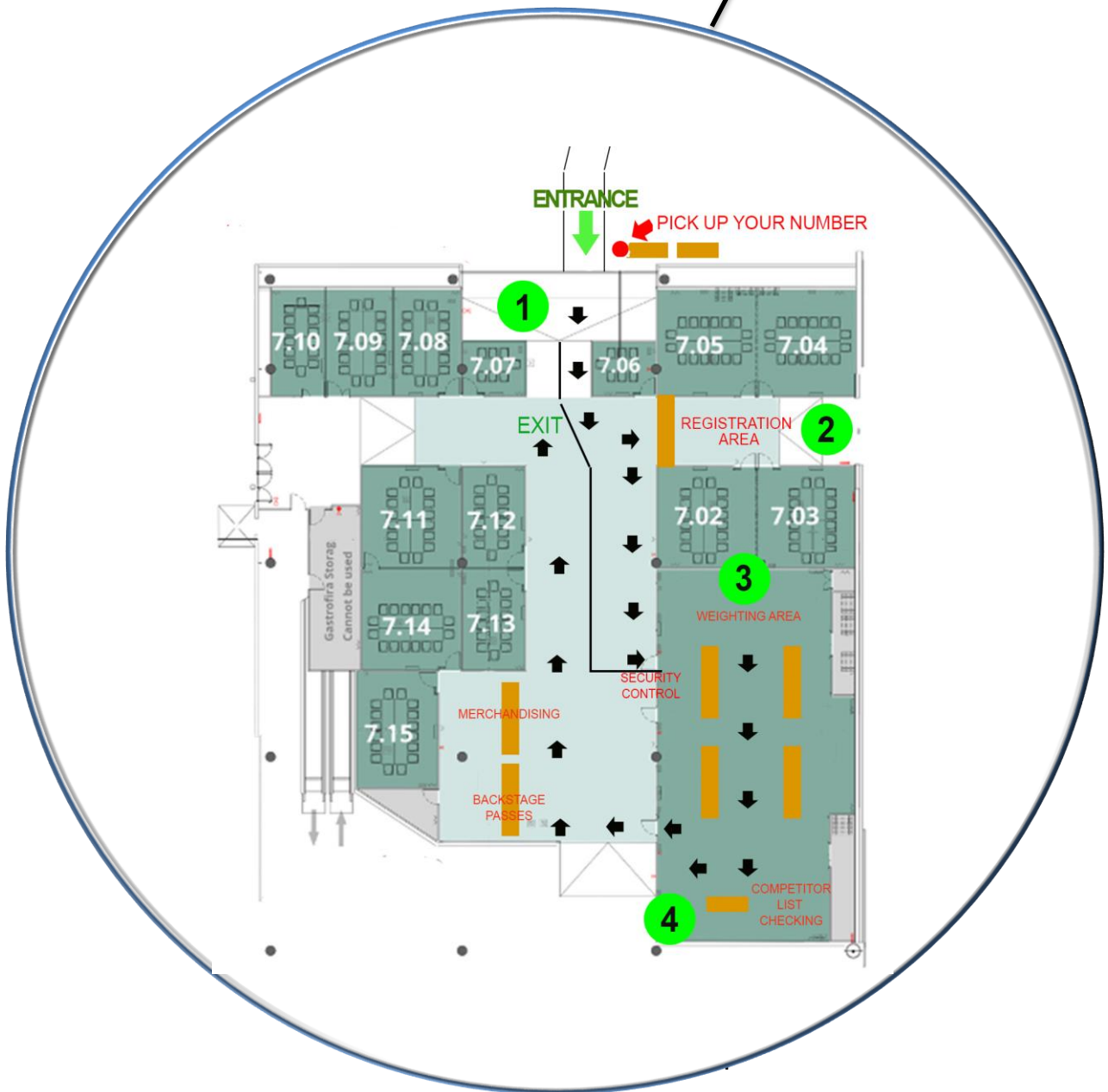
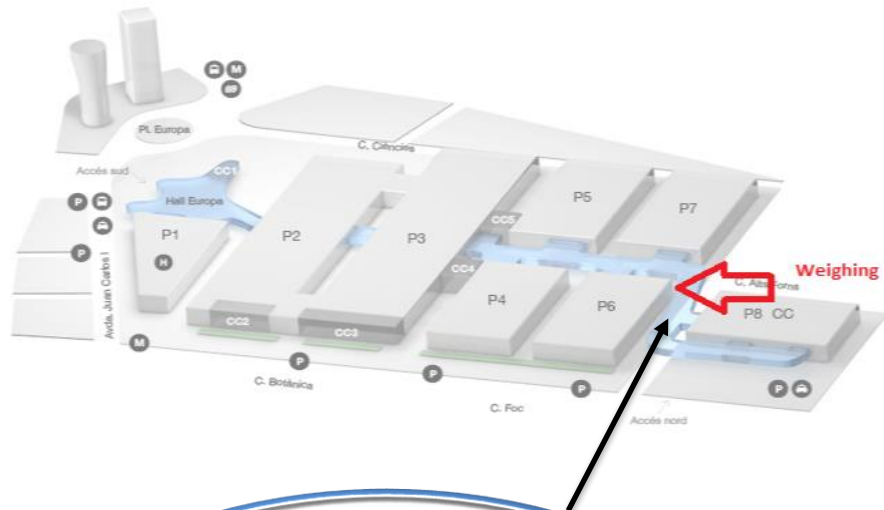
Note: According to the IFBB decision, crossovers (second category) will have a fee of 100€. Athletes competing in the Juniors or Masters categories are allowed to compete in the senior height or weight class of the same category. Please note: No crossovers between different categories are allowed i.e not possible to compete in both Bodybuilding and Muscular Men's Physique or Bikini Fitness and Bodyfitness.



REGISTRATION AND WEIGHT IN LOCATION

It is at the corner of Aluminio Street and Altos Hornos Street, no number.

Coordinates: www.google.com/maps/@41.3561163,2.1351011,19.34z





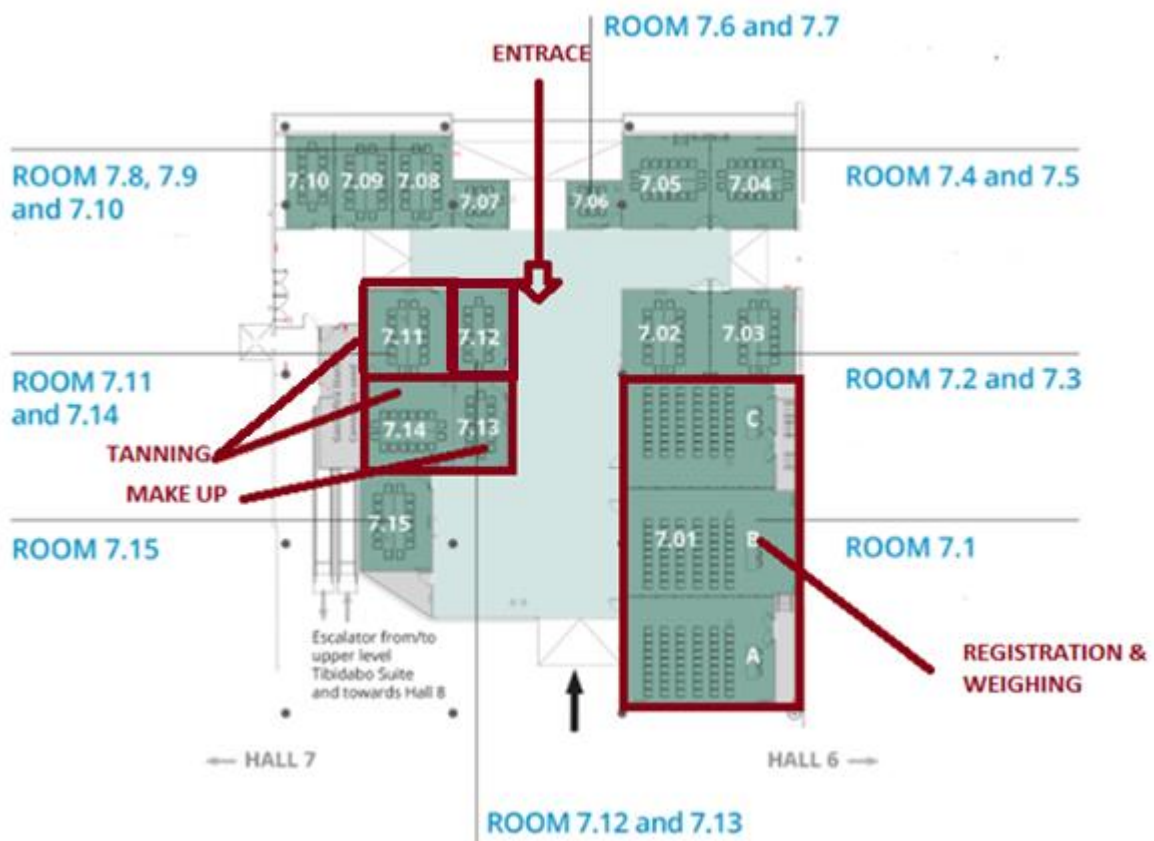
TANNING

Jan Tana and her Tanning Team will provide Professional Airbrush Tanning, Hair & Makeup Services to ensure you to look perfect! **Jan Tana** is the Official Tanning, Hair & Makeup Sponsor for the Arnold Classic Europe. Will be offering its services at 7.11, 7.12 and 7.13, 7.14 rooms.

Opening hours will be from Thursday till Sunday at 9.00 a.m. and closing times from Thursday till Saturday at 10.00 p.m. and Sunday till 12.00 a.m.

Tanning and makeup touch up will also be available at amateur.

Book your tan appointment here: <https://jantanabookatan.as.me/ArnoldEurope>

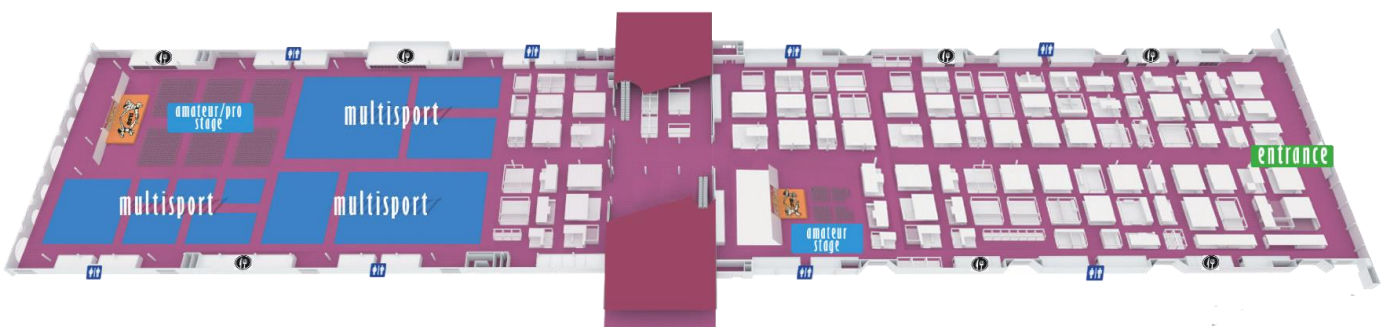




FRIDAY 20th, SATURDAY 21st AND SUNDAY 22nd SEPTEMBER

ATHLETES ENTRANCE TO COMPETITION AREA

Please note that the access for the athletes will be exclusively by Calle Botánica 64, 08908 L'Hospitalet de Llobregat, Barcelona, identified as ATHLETE ENTRANCE. Athletes will be authorized to enter to the venue from 9.00 am.





COMPETITORS INFORMATION

Athletes participating in these Championships will be given a goodie bag and a wristband at the Official Athlete Registration run on Thursday 19th. This wristband must be worn during your whole stay as it will allow you to get in and out of the Arnold Fitness EXPO and should never be removed.

BACKSTAGE ACCESS

The access to the backstage and/or dressing room areas shall be strictly limited to essential personnel. Only official Delegates/Trainers possessing the Backstage Pass will be allowed to enter to the backstage area. These passes will be on sale on Thursday 19th at the Athlete Registration area.

PLEASE NOTE: There will be a limited number of extra Backstage Passes available at the Official Athlete Registration which can be purchased for **50€** each. This pass will allow the holder to go in and out of the venue during the weekend and will give access to the backstage and the athlete allocated seating area. This pass (wristband) must be worn during the whole fair.

**More information in
ARNOLD CLASSIC EUROPE
TELEGRAM CHANNEL**





GENERAL SCHEDULE

FRIDAY

EXPO STAGE (10:00-20:00)

Master Men's Physique 40-44 yrs; over 45 yrs
Victory ceremony + Overall
Master Men Bodybuilding 50-54 yrs:
- up to 80 kg
- over 80 kg
Master Men Bodybuilding over 55 yrs:
- up to 75 kg
- over 75 kg
Master Men Classic Bodybuilding +40 yrs
Junior Men Classic Bodybuilding 16-23 yrs
Victory ceremony
Women Bikini-Fitness
158 cm, 160 cm, 162 cm, 164 cm
Victory ceremony
Men Classic Bodybuilding
168 cm, 171 cm, 175 cm, 180 cm,
+180cm
Victory ceremony + Overall

AUDITORIUM STAGE (10:00-20:00)

Junior Men Bodybuilding
- up to 75kg
- over 75kg
Victory ceremony + Overall
Master Men Bodybuilding 40-44 yrs:
- up to 70 kg
- up to 80 kg
- up to 90 kg
- over 90 kg
Victory ceremony
Master Men Bodybuilding 45-49 yrs:
- up to 70 kg
- up to 80 kg
- up to 90 kg
- over 90 kg
Victory ceremony + Overall (all Masters classes)
Women's Physique
- up to 163cm
- over 163cm
Victory ceremony + Overall
Men Classic Physique
168 cm, 171 cm, 175 cm, 180 cm,
+180 cm
Victory ceremony + Overall

SATURDAY

EXPO STAGE (10:00-20:00)

Women Fitness
- 163 cm Semifinals*
- +163 cm Semifinals*
Men Fitness Semifinals
Women Fit Model
- 168 cm Semifinals*
- +168 cm Semifinals*
**Finals Saturday evening at the Elite Pro Show*
Men's Physique 170 cm, 173 cm, 176 cm
Victory ceremony
Men's Physique 179 cm, 182 cm, +182cm
Victory ceremony + overall
Women Wellness Fitness 158 cm, 163 cm,
168 cm, +168 cm
Victory ceremony + Overall
Junior Women Bikini-Fitness 160 cm,
166 cm, + 166cm
Master Women Bikini-Fitness +35 yrs:
- 164cm
- +164cm

PRO STAGE

IFBB Elite Pro Show
Semifinals 17:00h
Finals 19:00h



Victory ceremony Junior Women Bikini-Fitness Overall Master Women Bikini-Fitness Overall	
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SUNDAY

EXPO STAGE (10:00-18:00)	AUDITORIUM STAGE (10:00-18:00)
Men's Bodybuilding - up to 70 kg - up to 75 kg - up to 80 kg - up to 85 kg Victory ceremony Men's Bodybuilding - up to 90 kg - up to 95 kg - up to 100 kg - over 100 kg Victory ceremony + Overall Women Bikini Fitness 166 cm, 169 cm, 172 cm, +172 cm Victory ceremony + Overall	Men Fitness Finals Junior Women Bodyfitness Master Women Bodyfitness over 35yrs Victory ceremony Women Bodyfitness 158 cm, 163 cm, 168 cm, +168 cm Victory ceremony + Overall Junior Men's Physique 174 cm, 178 cm, +178 cm Victory ceremony + Overall Master Women's Physique Muscular Men's Physique 175cm, +175cm Victory ceremony + Overall